MARIJUANA DOC+OR Patient Guide



Marijuana Doctor: Our Patients are our #1 Priority!

"As a medical marijuana patient myself, I understand We are always here for our patients who come first firsthand the impact of having a qualifying condition as well as experiencing the health benefits that medical cannabis delivers. It helped enhance my quality of life and it was the major driving force for starting Marijuana Doctor.

I am delighted that over the last eight years, we've had the honor to assist countless patients to improve their quality of life after becoming medical marijuana patients in Florida. We are very proud of the over 50,000 5-star Google reviews that we have received from our patients.

On behalf of myself and the entire Marijuana Doctor team, I want to thank our patients for their business as well as for spreading the education around medical marijuana benefits in their communities, so that more people can learn that there is an alternative natural option available for their health needs. I encourage you to reach out to your friends and family so that you and they can take advantage of the discount that our referral program offers.

in our organization, offering caring and professional patient care six days a week. Our team of physicians and patient care specialists at Marijuana Doctor are dedicated to providing our patients with the education and services they need."



Ivan Field, Founder and CEO Marijuana Doctor

We have 39 locations throughout Florida with more coming soon!

Bonita Springs
Brandon
Brandon North
Clearwater Gulf to Bay
Clearwater Palm Harbor
Coral Springs
Dania Beach
Daytona Beach
Delray Beach
Destin

Englewood
Fort Lauderdale
Fort Myers
Jacksonville
Jacksonville Beach
Lake City
Lake Worth
Lehigh Acres
Margate
North Tampa

Englowood

Ocala Orange Park Orlando South Orlando West Palm Bay Pensacola Port Richey/Hudson Saint Augustine Saint Petersburg Sanford

Sarasota Sarasota South South Miami South Tampa Tallahassee Tampa/Citrus Park Wesley Chapel Winter Haven Zephyrhills

As Florida's Top Medical Marijuana **Evaluation Clinic, Marijuana Doctor is:**

• Our board-certified doctors will evaluate your qualifying condition and recommend a treatment plan. • Our patient care specialists will help guide you through the entire certification and registration process.

• Patients are our #1 priority. Patient Care available 6 days a week. • 39 locations throughout Florida with more opening soon! • Risk-free: if you don't qualify for medical marijuana, you don't pay.

• Our medical marijuana evaluation service is all-inclusive. • We offer monthly payment memberships. • Check out our referral program: for each patient you refer to us, you save \$20 off your next re-evaluation!



Compassionate

Convenient

Affordable

- We offer discounted pricing for veterans and students.

© 844-442-0362 MARIJUANADOC+OR.COM

How to Become a **Medical Marijuana Patient:**

Follow the steps below to begin your path towards a better, more natural way of healing:

DO YOU HAVE ONE OF THE FOLLOWING QUALIFYING CONDITIONS?

If you don't see your condition or ailment on the list, don't worry, as you may still have options. Call us at 844-442-0362, and our friendly Marijuana Doctor educator will be able to provide you with more information.

- Chronic Pain
- Anxiety Disorders
- Insomia
- Chronic Muscle Spasms
- Crohn's Disease
- Post-Traumatic Stress Disorder (PTSD)
- Sclerosis (ALS)
- Cancer Epilepsy
- Glaucoma
- HIV

- Amyotrophic Lateral
- AIDS
- Seizures
- Multiple Sclerosis
- Parkinson's Disease

(Medical conditions of the same kind or class as or comparable to those above.)



MAKE AN APPOINTMENT AT ANY OF **OUR 35 LOCATIONS, WITH MORE** COMING SOON.

You'll be evaluated thoroughly in a setting that is comfortable and safe under the guidance of an expert. Scheduling an appointment is easy! Just go to our website, www.marijuanadoctor.com to select a location near you and the time of your appointment. Or, if you prefer, you can call us at 844-442-0362.



GET EVALUATED BY MARIJUANA DOCTOR.

Once your medical evaluation is completed, you can apply for a State Medical Marijuana Card, which is required to purchase your medicine at a dispensary (medical marijuana treatment center).

*Marijuana Doctor is 100 percent risk-free. If you see a doctor and find out you do not qualify, we will give you a refund.

APPLY FOR YOUR STATE MEDICAL MARIJUANA CARD.

- The state application processing fee is \$75.
- Easy online application submission and payment.
- The state process may take up to 10 business days.
- The state card is issued by the state of Florida and is valid for one year.

*Patients can start renewing their state cards 45 days before the current one expires. You cannot buy your medicine if the card is expired.

GO TO A DISPENSARY OF YOUR 5**CHOICE AND FILL YOUR ORDER.**

And that's it! We keep things moving by setting up your re-evaluation appointment during your initial visit and periodically notifying you later on as well.

It's all part of the Marijuana Doctor promise to bring you better care. So, stay healthy with Marijuana Doctor, the friendliest marijuana doctor in the country.

*By law in Florida, medical marijuana certification is only valid for 210 days (7 months), which means you will have to renew with us to keep your State Medical Marijuana Card valid.



What's Next.....

Look out for our email blasts!

To provide our patients with ongoing care, we are constantly on the lookout for dispensary deals and offers to share with you.



At Marijuana Doctor we provide our patients with all-inclusive care so we never charge for changes to your active orders.

If you ever need to adjust your orders, please send an email to orders@marijuanadoctor.com and we'll get back to you in 1 or 2 business days.





Look for the approval email from the OMMU. This will be your "temporary" Medical Marijuana Card that you can print and take to the dispensary.



Look out for your medical marijuana card in your mailbox.



Look out for our reminder that we will send you prior to your re-evaluation appointment - it is critical to keep your appointment since your orders will expire in 7 months.



Your State medical card will expire so 45 days prior to expiration, look out for an email reminder from the MMUR about your upcoming MMJ Card Renewal.

Check out our patient perks

Discover why more Floridians

Choose Trulieve

As Florida's first and largest medical cannabis dispensary, we're committed to providing the highest-quality products and personalized guidance for each of our patients.

- 160+ stores statewide for convenient access
- Safe, effective products tested and certified by third-party labs
- Indoor-grown for medical-grade quality and consistency
- Variety of forms including edibles, topicals, tinctures, capsules, and syringes
- Shop online or in-store, with delivery options to your door
- Express service and drive-thru at select locations
- Convenient payment including cash, debit, and CanPay

Shop online at trulieve.com



Your first order



Medical Card Discount 50FFYour purchase of \$150 when you renew your card

Get a free pack of gummies (reg. \$25), Chocolate (reg Pre-roll (reg \$13) if you spend \$75 after recertifying with your physician.

> **Become a Rewards Member**





Trulieve Rewards **20 POINTS** for joining the program



Doctor Recertification Discount



What is the Endocannabinoid System?

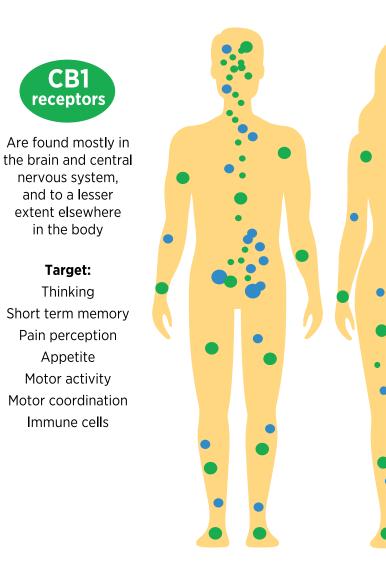
The Endocannabinoid System (ECS) is a complex system in the human body, which maintains all processes throughout the brain and body, including how the body manages appetite, pain, sleep, pleasure, and mood.

The role of this system is that of creating balance within the body to achieve the optimal state for maintaining health and natural wellness. ECS receptors are found in the skin, muscles, bones, throughout the central and peripheral nervous

system, the immune system, and even the reproductive organs.

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Certain chemical compounds called cannabinoids, attach to ECS receptors and behave like chemical messengers to control physiological signaling. When produced by the body, these compounds are called endocannabinoids and when created by plants, they are called phytocannabinoids, such as THC and CBD.



CB₂ receptors

Are found primarily in the peripheral organs, especially cells associated with the immune system

Target: Eyes Bones/skeletal muscles Skin Immune system Respiratory system Cardiovascular system Gastrointestinal system Reproductive system Pancreas/liver

ulieve

Medical Marijuana & the Human Endocannabinoid System

The medical properties of cannabis stem from Why Medical Marijuana? two main compounds, THC and CBD, along with The use of the cannabis plant to relieve medical over 100 other beneficial compounds in Marijuana including other cannabinoids along with terpenes symptoms has been documented for over five centuries across the globe from China to Canada to and flavonoids. the UK to Israel.



Medical Marijuana:

Relieves

Often times, diseases and illnesses produce Marijuana treats symptoms of many different diseases. Cannabis can temporarily decrease extremely painful symptoms. Cannabis has proven pressure in the eye, hence relieving the symptoms to be an effective treatment for people suffering of glaucoma. Medical marijuana has antispasmodic from migraines, arthritis, multiple sclerosis, PMS, anxiety, etc. Cannabis also has the ability to prevent properties, which decrease symptoms of epilepsy, seizures and Parkinson's diseases. As far as and/or decrease opiate addiction due to the fact inflammatory bowel diseases go, cannabis can that cannabis and opiates share many of the same effectively treat several of the related symptoms benefits. When compared to opiates, cannabis carries a significantly lower risk. like nausea, abdominal pain and diarrhea. Medical marijuana can also treat asthma by improving pulmonary function, over time.

Combats

Cannabis significantly combats the symptoms of depression, anxiety, PTSD, ADHD, etc. It is a natural relaxant that can ease the symptoms of these disorders. As a result, using cannabis will boost mood, improve sleep and lessen the number of episodes that one may experience. Cannabis is commonly used to stimulate the appetite of chemotherapy patients.

Treats

Calms

Cannabis has the ability to calm a patient. Medical marijuana can effectively calm the symptoms of Tourette's by slowing down the tics associated with the disease. It can also treat OCD by decreasing the obsessive neurological compulsions.



Your cannabis journey starts here.





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Medical marijuana is not available to individuals under the oge of 18 unless by a registered caregiver

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We offer products you love, people you trust, and prices that are meant to please!

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CONCENTRATES Live Badder | Crumble Live Sugar | Diamonds | Wax RSO | Distillate Syringes



EDIBLES Soft Chews | Mints | Cookies



ORALS

Tinctures | Capsules





TOPICALS

Original Balm

Cooling Balm | 1:1 Balm

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Cannabis Derived Terpene Vapes

Botanical Derived Terpene Vapes

Disposable Vapes

Relief is closer than you think 67 LOCATIONS STATEWIDE

Our Staff is ready to welcome you - stop by today to find your perfect product!



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PATIENT ASSISTANCE PROGRAMS



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5 15% OFF



STACK \$5 ON YOUR NEXT ORDER

To redeem, present code **MARIJUANADOCTOR5 \$5 OFF** to your budtender when picking up your order in store.

Stackable discount exclusive for Marijuana Doctor patients.

Valid through 12/31/25 for medical card holders at AYR Cannabis Dispensaries. \$5 stackable discount off order total. Must present discount code in-store to redeem. Discount code holds no cash value and cannot be exchanged for cash. Cannot be used on accessories, devices, or apparel. for use by qualified patients only.



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REFER A FRIEND

Get **1,000 Points** when you refer a friend! They'll get **500 Points** too!

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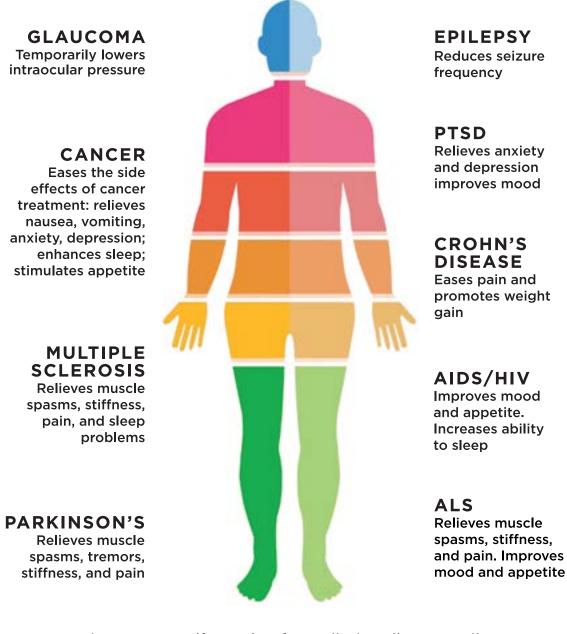






Therapeutic Effects of Qualifying Conditions

Medical marijuana relieves symptoms of the following qualifying conditions:



A doctor may certify a patient for medical marijuana to relieve the symptoms of other debilitating medical conditions of the same kind or class which may include: anxiety/depression, arthritis, chronic neuropathic pain, irritable bowel syndrome, migraine and muscular dystrophy among others.



What are the Available Options for Routes of Administration?

What to Consider When Choosing a Route?

When selecting a route of administration, there are several factors you may want to consider, including your medical condition, your lifestyle, the desired time frame for onset, and duration.

Route	Product Types	Attributes	Path to Bioavailabilty	Onset	Peak Effect	Duration
Flower	Loose Flower	 Fast acting method Distinct aroma Limiting for individuals with lung/respiratory issues 	Active ingredients pass directly into the bloodstream in the lungs	3-5 minutes	15-45 minutes	1-4 hours
Inhalation	Vape Pens	 Fast acting method Little cannabis aroma May be compact and discreet 	Active ingredients pass directly into the bloodstream in the lungs	3-5 minutes	15-45 minutes	1-4 hours
Sublingual	Tinctures, Oils, Drops	 Faster onset if taken under the tongue Discreet Easy dosing 	Active ingredients absorbed directly into the bloodstream through the mucosal membrane	10-15 minutes when administered under tongue	1-3 hours	1-6 hours
Edibles	Gummies, Chocolate, Cookies, Brownies	• Simple dosing • Delicious • Discreet	Active ingredients absorbed into the bloodstream after digestion	30-60 minutes	2-4 hours	4-6 hours
Oral	Gel Caps Capsules	• Precise dosing • Discreet • Longer lasting relief	Active ingredients absorbed into the bloodstream after digestion	30-60 minutes	2-4 hours	4-12 hours
Topical	Lotions Creams Patches	 Localized relief Discreet 	Active ingredients absorbed locally through the skin	Variable	Approx. 1 hour	3-4 hours



Jungle Boys

WELCOME TO THE JUNGLE

We are a collective of passionate cultivators working toward a singular mission: to grow clean, potent cannabis. Our innovative approach to pheno-hunting has unearthed some of the most **unique and exciting** strains in circulation.

With more than 500 rare cultivars in our genetics library and more seeds popping daily, we'll never stop trying to perfect the process and take our **jungle** to new heights.



JB GLOSSARY OF TERMS

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Clean, Potent Cannabis - Cannabis that is grown without harmful chemicals, free of contaminants, and has high levels of cannabinoids.

Pheno-hunting – The process of selecting plants with desirable traits from poppin' a batch of seeds. We look for high-THC, flavor, terpenes, and flower aesthetics.

Backcrossing – A cross between a parent plant and its hybrid offspring to reinforce specific traits, like potency, aroma, and effects.

Hybrid – Hybrid genetics occur when sativa & indica plants have been bred many times to satisfy the perfect qualities. We are known for hybrids and the wide range of effects that each one packs, also known as "the entourage effect."









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Like good things, our famous flower comes in small packages. Pops are perfect for exploring new strains.

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EXPERIENCE THE DIFFERENCE

Portable. Potent.

Perfected. Masterfully crafted using only Jungle Boys premium flower

Curated from premium indoor flower, our solventless live rosin to BHO live resin to high-THC RSO, is always clean & potent.

A delectable fusion of premium ingredients and potent effects. In other words, bite-sized bliss.



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We have what you need.

Our Wellness Advisors are here to help you find the relief you're looking for.

Explore our full selection of flower, vapes, edibles, and concentrates in-store or anytime online at **sunnyside.shop**.



So many ways to save

There's a host of year-round discounts you'll also get while shopping at Sunnyside:

50% Off New Sunnyside Patients

Are you new to Sunnyside? Welcome, please enjoy 50% off your first 4 visits with promo code CRESCONPD1745.¹



Everything is 25% off on your special day! Please visit us in-store to redeem.³



You'll like this math. Enjoy 15% off all your purchases at Sunnyside every day with your student ID.²

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We appreciate you for helping people in our communities every day! If you're an active or retired Firefighter, EMT, Nurse, or Police Officer, enjoy 25% off all your purchases at Sunnyside.²

- Promo code must be redeemed online and used for your first four visits. 50% off applies to regular priced nedicated items and is not stackable
- Non-stackable discount will be applied in-store. Limit one use per year. Must be redeemed within your birthday month. Non-stackable discount /ill be applied in-store
- Non-stackable industry discount at any Florida Sunnyside location every day.





Veterans, we appreciate you and your spouse every day. Thank you for your service! Enjoy 25% off all of your and your spouse's purchases at Sunnyside.²



Do you work in the cannabis industry in Florida at an MMTC or Physician's Office? Bring your MMTC ID/Employee badge or a copy of your pay stub to the register to receive 15% off.⁴



It's your time to shine. Enjoy 15% off all your purchases at Sunnyside every day. Applies if vou're 60 years of age and older.²

Sunnvside

Join now to start earning 1 point for every \$1 you spend at Sunnyside*! Rewards points can be redeemed for discounts on future purchases in-store and online.



Dosing: An Individualized Approach

Start Low and Go Slow

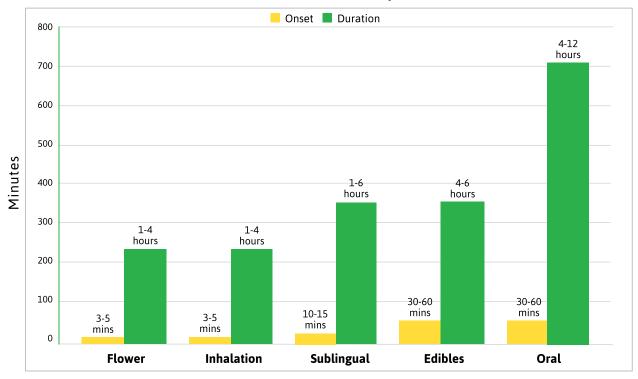
As you first start using medical marijuana, begin with a low dose (which the dispensary can recommend based on product selection) to give your body the time to adjust and enable you to get the most benefit from each dose.

Slowly and Gradually Increase Your Dose

The dosage of medical marijuana will vary by individual and depend upon the medical condition. You can gradually increase your dose each week until you find a level that provides you with consistent symptom relief.

CBD + THC Can Maximize the Entourage Effect

Many patients find that they experience the best therapeutic outcome when they use CBD in conjunction with THC. This may be achieved by using CBD products along with medical marijuana and/or by trying combination products which contain different ratios of THC:CBD.



Onset and Duration by Route

Which Strain Should You Try: Sativa, Hybrid or Indica?

While there are dozens of variations of strains of medical marijuana, most dispensaries break the medicinal benefits down into two or three categories: Sativa, Indica, and Hybrids of the two. This makes it much easier for patients to choose

The choice of strain is a critical factor affecting an individual's experience with medical marijuana. Strains are different types of cannabis plants, of which Sativa, Indica, and Hybrids are the most common.

SATIVA	HYBRID OF SATIVA AND INDICA	INDICA
Often preferred for Daytime Use	Choice for Day or Evening	Often preferred for Nighttime Use
Uplifting, energizing, and stimulating	Blended mix of effects, combining traits of both parent strains	Soothing, relaxing, and sedating
Good choice for patients who not only need relief but who also want to stay energized and alert	Good choice for patients who are seeking a balance between invigoration and sedation while seeking symptom relief	Good choice for patients who are seeking calming and to unwind while managing their symptoms
Sativa strains usually contain a higher CBD vs THC level	Often contain a relatively balanced mix of THC and CBD	Indica strains usually contain a higher THC vs CBD level
Common Symptom Relief: Boost mental focus Reduce pain Reduce nausea Relieve depression Reduce inflammation Relieve headaches and migraines Elevate mood	Common Symptom Relief: Reduce pain Reduce nausea Relieve depression Reduce inflammation Stimulate appetite Relieve headaches and migraines	Common Symptom Relief: Promote relaxation Reduce stress and anxiety Promote restful sleep Reduce pain Reduce inflammation Stimulate appetite Reduce muscle spasms





the strain that will help treat their symptoms most effectively. Take a look at the breakdown below, for a better understanding of which may be right for you!



Valid for 50% off one order. Discount does stack with daily deals or promotions. Offer expires 12/31/25. Limit 1 per customer. We reserve the right to modify or cancel the promotion without notice. Internal Discount Code: 2025 Marijuana Doctor 50% OFF

No matter how you roll, Cookies has something for you! From iconic strains to premium extracts, Cookies sets the standard. Explore our curated collection & get elevated with quality that stands out.



Indoor-grown & hand-trimmed premium flower. Bold flavors, unmatched potency, & legendary Cookies strains.

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Real Solventless Oil (RSO) is our innovative take on traditional RSO, crafted without solvents to preserve fragile cannabinoids and terpenes, delivering a full-spectrum experience.

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Terpene-rich live rosin or distillate oil available in all-in-one disposables & 510 cartridges that deliver nextlevel convenience & quality.

CONCENTRAT

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Our curated collection of concentrates is crafted for the ultimate experience.

From dabs to sauce, find the perfect texture & effect to elevate your day.

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NTAV/

What are Terpenes?

Responsible for the distinctively sweet, citrusy, and earthy flavors of cannabis, terpenes are somewhat the unsung heroes of the cannabis world. If you've ever identified a strain from just one smell, or truly appreciated its taste, what you were processing is in fact the terpene profile which gives each strain its unique personality.

Terpenes change more than just the smell of marijuana, they also provide each strain with its own unique physiologic effects. These essential oils, which are secreted by the cannabis plant's sticky glands, contribute to what is known as

the "entourage effect" - the harmonic union of cannabinoids, terpenes and flavonoids which produces a more enhanced effect than any one compound on its own.

While there are more than 100 identified terpenes in cannabis (each of which produces a distinct combination of feelings and effects), some are more common than others. Knowing what to look for, what appeals to you, and what doesn't will help you get the relief that you need. Here are the more popular terpenes and their noted effects:

TERPENE	AROMA	PROPERTIES	
Bisabolol	Floral and black pepper	Antibacterial and antifungal	
Caryophylle	ene Spicy and peppery	Anti-inflammatory, anti-anxiety, pain relief	
Humulene	Woodsy and earthy	Antibacterial, anti-inflammatory, appetite suppressant, and pain relief	
Limonene	Citrus	Anti-anxiety and stress relief	1. 22
Linalool	Floral and citrus	Pain relief and relaxation	
Myrcene	Earthy	Sedative and muscle relaxation	
Pinene	Pine	Anti-inflammatory and effective against short-term memory effects of THC	
Ocimene	Sweet	Anti-inflammatory	

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Strain: Forty OG Motorbreath #4 x Mobil One Bred By: Elite Cannabis Cultivated By: The Flowery





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