

MARIJUANA DOC+OR

Patient Guide



Marijuana Doctor: Our Patients are our #1 Priority!

With voters recently showing their support for keeping marijuana a medical program in Florida, it is now as important as ever for Florida residents to consider getting certified for a State medical marijuana card.

As a medical marijuana patient myself, I understand firsthand the impact of having a qualifying condition as well as experiencing the health benefits that medical cannabis delivers. It helped enhance my quality of life and it was the major driving force for starting Marijuana Doctor.

I am delighted that over the last eight years, we've had the honor to assist countless patients to improve their quality of life after becoming medical marijuana patients in Florida. We are very proud of the over 40,000 5-star Google reviews that we have received from our patients.

On behalf of myself and the entire Marijuana Doctor team, I want to thank our patients for their business as well as for spreading the education around medical marijuana benefits in their communities, so that more people can learn that there is an alternative natural option available for their health

needs. I encourage you to reach out to your friends and family so that you and they can take advantage of the discount that our referral program offers.

We are always here for our patients who come first in our organization, offering caring and professional patient care six days a week. Our team of physicians and patient care specialists at Marijuana Doctor are dedicated to providing our patients with the education and services they need."



Ivan Field,
Founder and CEO
Marijuana Doctor

We have 34 locations throughout Florida with more coming soon!

- | | | | |
|------------------------|--------------------|--------------------|-------------------|
| Bonita Springs | Fort Lauderdale | Orange Park | Sarasota |
| Brandon | Fort Myers | Orlando South | South Miami |
| Clearwater Gulf to Bay | Jacksonville Beach | Orlando West | South Tampa |
| Clearwater Palm Harbor | Lake City | Palm Bay | Tallahassee |
| Coral Springs | Lake Worth | Pensacola | Tampa/Citrus Park |
| Dania Beach | Lehigh Acres | Port Richey/Hudson | Winter Haven |
| Daytona Beach | Margate | Saint Augustine | Zephyrhills |
| Delray Beach | North Tampa | Saint Petersburg | |
| Englewood | Ocala | Sanford | |

Plus 10 new locations opening in early 2025

As Florida's Top Medical Marijuana Evaluation Clinic, Marijuana Doctor is:

Compassionate

- Our board-certified doctors will evaluate your qualifying condition and recommend a treatment plan.
- Our patient care specialists will help guide you through the entire certification and registration process.

Convenient

- Patients are our #1 priority. Patient Care available 6 days a week.
- 34 locations throughout Florida with more opening soon!
- Risk-free: if you don't qualify for medical marijuana, you don't pay.

Affordable

- Our medical marijuana evaluation service is all-inclusive.
- We offer monthly payment memberships.
- Check out our referral program: for each patient you refer to us, you save \$20 off your next re-evaluation!
- We offer discounted pricing for veterans and students.



How to Become a Medical Marijuana Patient:

Follow the steps below to begin your path towards a better, more natural way of healing:

1 DO YOU HAVE ONE OF THE FOLLOWING QUALIFYING CONDITIONS?

If you don't see your condition or ailment on the list, don't worry, as you may still have options. Call us at 844-442-0362, and our friendly Marijuana Doctor educator will be able to provide you with more information.

- Chronic Pain
- Anxiety Disorders
- Insomnia
- Chronic Muscle Spasms
- Crohn's Disease
- Post-Traumatic Stress Disorder (PTSD)
- Amyotrophic Lateral Sclerosis (ALS)
- Cancer
- Epilepsy
- Glaucoma
- HIV
- AIDS
- Seizures
- Multiple Sclerosis
- Parkinson's Disease

(Medical conditions of the same kind or class as or comparable to those above.)

2 MAKE AN APPOINTMENT AT ANY OF OUR 35 LOCATIONS, WITH MORE COMING SOON.

You'll be evaluated thoroughly in a setting that is comfortable and safe under the guidance of an expert. Scheduling an appointment is easy! Just go to our website, www.marijuanadoctor.com to select a location near you and the time of your appointment. Or, if you prefer, you can call us at 844-442-0362.

3 GET EVALUATED BY MARIJUANA DOCTOR.

Once your medical evaluation is completed, you can apply for a State Medical Marijuana Card, which is required to purchase your medicine at a dispensary (medical marijuana treatment center).

*Marijuana Doctor is 100 percent risk-free. If you see a doctor and find out you do not qualify, we will give you a refund.

4 APPLY FOR YOUR STATE MEDICAL MARIJUANA CARD.

- The state application processing fee is \$75.
- Easy online application submission and payment.
- The state process may take up to 10 business days.
- The state card is issued by the state of Florida and is valid for one year.

*Patients can start renewing their state cards 45 days before the current one expires. You cannot buy your medicine if the card is expired.

5 GO TO A DISPENSARY OF YOUR CHOICE AND FILL YOUR ORDER.

And that's it! We keep things moving by setting up your re-evaluation appointment during your initial visit and periodically notifying you later on as well.

It's all part of the Marijuana Doctor promise to bring you better care. So, stay healthy with Marijuana Doctor, the friendliest marijuana doctor in the country.

*By law in Florida, medical marijuana certification is only valid for 210 days (7 months), which means you will have to renew with us to keep your State Medical Marijuana Card valid.



What's Next.....

Look out for our email blasts!

To provide our patients with ongoing care, we are constantly on the lookout for dispensary deals and offers to share with you.



At Marijuana Doctor we provide our patients with all-inclusive care so we never charge for changes to your active orders.

If you ever need to adjust your orders, please send an email to orders@marijuanadoctor.com and we'll get back to you in 1 or 2 business days.

In up to 2 weeks:

Look for the approval email from the OMMU. This will be your "temporary" Medical Marijuana Card that you can print and take to the dispensary.

In about 2-4 weeks:

Look out for your medical marijuana card in your mailbox.

6.5 months:

Look out for our reminder that we will send you prior to your re-evaluation appointment - it is critical to keep your appointment since your orders will expire in 7 months.

In 12 months:

Your State medical card will expire so 45 days prior to expiration, look out for an email reminder from the MMUR about your upcoming MMJ Card Renewal.

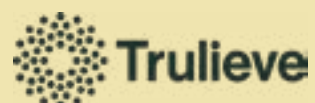
Discover why more Floridians

Choose Trulieve

As Florida's first and largest medical cannabis dispensary, we're committed to providing the highest-quality products and personalized guidance for each of our patients.

- 155+ stores statewide for convenient access
- Safe, effective products tested and certified by third-party labs
- Indoor-grown for medical-grade quality and consistency
- Variety of forms including edibles, topicals, tinctures, capsules, and syringes
- Shop online or in-store, with delivery options to your door
- Express service and drive-thru at select locations
- Convenient payment including cash, debit, and CanPay

Shop online
at [trulieve.com](https://www.trulieve.com)



Check out our patient perks

60% off
Your first order

50% off
Your second order

40% off
Your third order

Trulieve Rewards

20 POINTS
for joining the program

Medical Card Discount

\$75 OFF
Your purchase of \$150 when you renew your card

Doctor Recertification Discount

FREE PRODUCT
Get a free pack of gummies (reg. \$25), Chocolate (reg. \$20) or Preroll (reg \$13) if you spend \$75 after recertifying with your physician.

Become a
Rewards Member



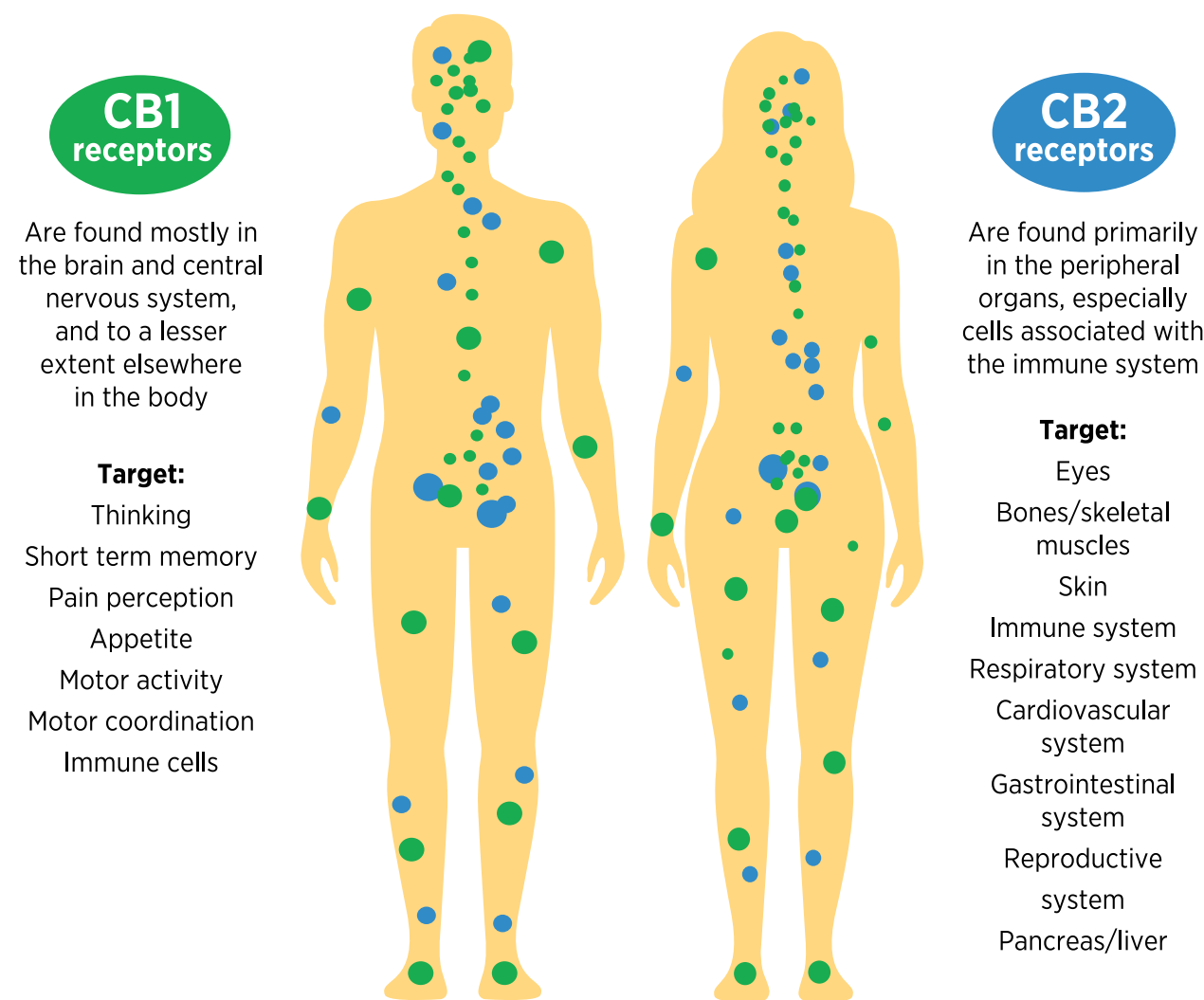
What is the Endocannabinoid System?

The Endocannabinoid System (ECS) is a complex system in the human body, which maintains all processes throughout the brain and body, including how the body manages appetite, pain, sleep, pleasure, and mood.

The role of this system is that of creating balance within the body to achieve the optimal state for maintaining health and natural wellness. ECS receptors are found in the skin, muscles, bones, throughout the central and peripheral nervous

system, the immune system, and even the reproductive organs.

Certain chemical compounds called cannabinoids, attach to ECS receptors and behave like chemical messengers to control physiological signaling. When produced by the body, these compounds are called endocannabinoids and when created by plants, they are called phytocannabinoids, such as THC and CBD.



Medical Marijuana & the Human Endocannabinoid System

Why Medical Marijuana?

The use of the cannabis plant to relieve medical symptoms has been documented for over five centuries across the globe from China to Canada to the UK to Israel.

The medical properties of cannabis stem from two main compounds, THC and CBD, along with over 100 other beneficial compounds in Marijuana including other cannabinoids along with terpenes and flavonoids.



Medical Marijuana:

Relieves

Often times, diseases and illnesses produce extremely painful symptoms. Cannabis has proven to be an effective treatment for people suffering from migraines, arthritis, multiple sclerosis, PMS, anxiety, etc. Cannabis also has the ability to prevent and/or decrease opiate addiction due to the fact that cannabis and opiates share many of the same benefits. When compared to opiates, cannabis carries a significantly lower risk.

Combats

Cannabis significantly combats the symptoms of depression, anxiety, PTSD, ADHD, etc. It is a natural relaxant that can ease the symptoms of these disorders. As a result, using cannabis will boost mood, improve sleep and lessen the number of episodes that one may experience. Cannabis is commonly used to stimulate the appetite of chemotherapy patients.

Treats

Marijuana treats symptoms of many different diseases. Cannabis can temporarily decrease pressure in the eye, hence relieving the symptoms of glaucoma. Medical marijuana has antispasmodic properties, which decrease symptoms of epilepsy, seizures and Parkinson's diseases. As far as inflammatory bowel diseases go, cannabis can effectively treat several of the related symptoms like nausea, abdominal pain and diarrhea. Medical marijuana can also treat asthma by improving pulmonary function, over time.

Calms

Cannabis has the ability to calm a patient. Medical marijuana can effectively calm the symptoms of Tourette's by slowing down the tics associated with the disease. It can also treat OCD by decreasing the obsessive neurological compulsions.

curaleaf

YOUR CANNABIS JOURNEY STARTS HERE



65+ FLORIDA LOCATIONS



LOYALTY AND REWARDS PROGRAM



FREE DELIVERY (OVER \$75)

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We're a collective of cannabis lovers and visionaries, cultural connoisseurs, and progressive seekers.

At Select, we believe cannabis is a conduit to elevated moments, experiences and connections.



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curaleaf.com

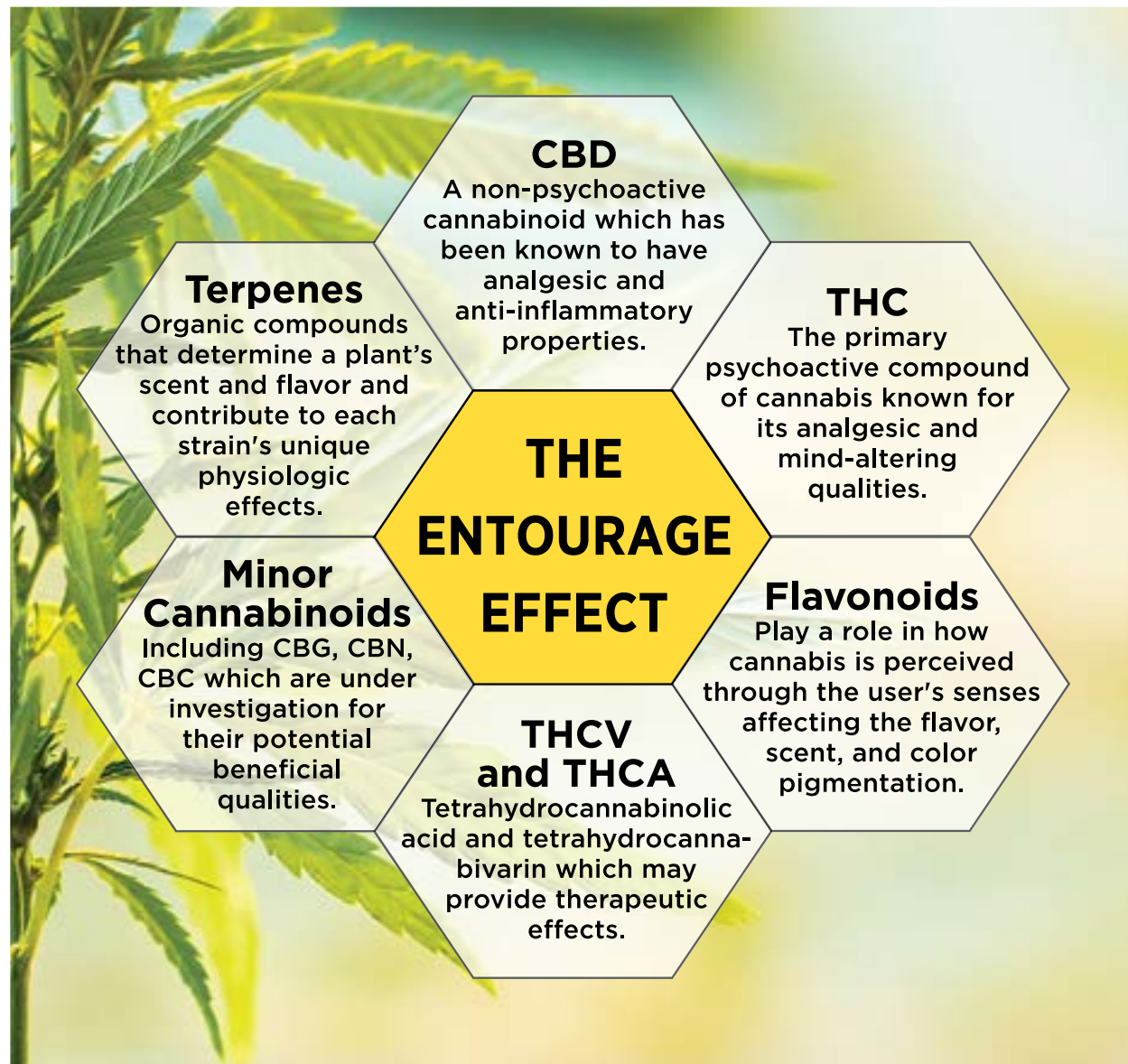
@curaleaf.florida

Medical marijuana is not available to individuals under the age of 18 unless by a registered caregiver.

Leveraging the Power of the Entourage Effect

The Entourage Effect is the overall result of the combined action of the numerous compounds found in the cannabis plant—the cannabinoids (including THC and CBD), the terpenes, and the flavonoids — which interact in harmony to produce stronger and more enhanced effects from the plant than might otherwise occur without all the elements present.

When taken alone, each of these compounds may have therapeutic effects, but when they are present together in whole-plant extracts, the combined effect may be greater than the sum of the individual benefits along with lower adverse side effects.



Therapeutic Effects of Qualifying Conditions

Medical marijuana relieves symptoms of the following qualifying conditions:

GLAUCOMA
Temporarily lowers intraocular pressure

EPILEPSY
Reduces seizure frequency

CANCER
Eases the side effects of cancer treatment: relieves nausea, vomiting, anxiety, depression; enhances sleep; stimulates appetite

PTSD
Relieves anxiety and depression improves mood

MULTIPLE SCLEROSIS
Relieves muscle spasms, stiffness, pain, and sleep problems

CROHN'S DISEASE
Eases pain and promotes weight gain

PARKINSON'S
Relieves muscle spasms, tremors, stiffness, and pain

AIDS/HIV
Improves mood and appetite. Increases ability to sleep

ALS
Relieves muscle spasms, stiffness, and pain. Improves mood and appetite



A doctor may certify a patient for medical marijuana to relieve the symptoms of other debilitating medical conditions of the same kind or class which may include: anxiety/depression, arthritis, chronic neuropathic pain, irritable bowel syndrome, migraine and muscular dystrophy among others.



THE BEST SAVINGS ARE AT



From pre-rolls and edibles to tiered flower, concentrates, and topicals, AYR Cannabis Dispensary has everything you need with the deals you want.

FLOWER

TIERED WHOLE FLOWER
SMALLS | SHAKE | PRE-ROLLS



EDIBLES

SOFT CHEWS | COOKIES



TOPICALS

ORIGINAL BALM | COOLING
BALM | 1:1 BALM



CONCENTRATES

LIVE BADDER | CRUMBLE
LIVE SUGAR | DIAMONDS | WAX
RSO | DISTILLATE SYRINGES



ORALS

TINCTURES | CAPSULES



VAPORIZERS

LIVE RESIN VAPES
CANNABIS DERIVED TERPENE VAPES
BOTANICAL DERIVED TERPENE VAPES



ENJOY \$5 OFF!

To redeem, present code **MARIJUANADOCTOR5** to your budtender when picking up your order in store.

Stackable discount exclusive for Marijuana Doctor patients.

Scan here to find a store and place an order!



CONCENTRATES

LIVE BADDER | CRUMBLE
LIVE SUGAR | DIAMONDS | WAX
RSO | DISTILLATE SYRINGES



67 STORES STATEWIDE & GROWING!

Place a pick-up order on AYR's website or visit one of AYR's **67 convenient locations** and allow their knowledgeable and friendly budtenders to find the best product and strain for you.



PATIENT ASSISTANCE PROGRAMS

- 50% OFF FIRST 3 VISITS NEW PATIENT
 - 25% OFF HERO'S DISCOUNT
 - 50% OFF PEDIATRIC PATIENT
 - \$25 OFF REFER A FRIEND
 - \$75 OFF MED CARD RENEWAL
 - \$15 OFF BIRTHDAY BONUS
 - FREE PRODUCT* FOR REFERRED FRIENDS
 - 15% OFF SENIOR PATIENT
 - 15% OFF COMPASSIONATE PRICING
- *Exclusions apply

PATIENT CARE

833.254.4877

FLSUPPORT@AYRDISPENSARIES.COM

LEARN MORE

AYRDISPENSARIES.COM/FLORIDA

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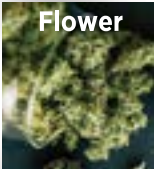

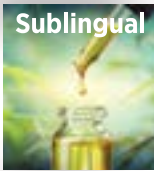



@AYRFLORIDA

Valid through 06/30/25 for medical card holders at AYR Cannabis Dispensaries. \$5 stackable discount off order total. Must present discount code in-store to redeem. Discount code holds no cash value and cannot be exchanged for cash. Cannot be used on accessories, devices, or apparel. For use by qualified patients only.

What are the Available Options for Routes of Administration?

What to Consider When Choosing a Route?

When selecting a route of administration, there are several factors you may want to consider, including your medical condition, your lifestyle, the desired time frame for onset, and duration.

Route	Product Types	Attributes	Path to Bioavailability	Onset	Peak Effect	Duration
 Flower	Loose Flower	<ul style="list-style-type: none"> Fast acting method Distinct aroma Limiting for individuals with lung/respiratory issues 	Active ingredients pass directly into the bloodstream in the lungs	3-5 minutes	15-45 minutes	1-4 hours
 Inhalation	Vape Pens	<ul style="list-style-type: none"> Fast acting method Little cannabis aroma May be compact and discreet 	Active ingredients pass directly into the bloodstream in the lungs	3-5 minutes	15-45 minutes	1-4 hours
 Sublingual	Tinctures, Oils, Drops	<ul style="list-style-type: none"> Faster onset if taken under the tongue Discreet Easy dosing 	Active ingredients absorbed directly into the bloodstream through the mucosal membrane	10-15 minutes when administered under tongue	1-3 hours	1-6 hours
 Edibles	Gummies, Chocolate, Cookies, Brownies	<ul style="list-style-type: none"> Simple dosing Delicious Discreet 	Active ingredients absorbed into the bloodstream after digestion	30-60 minutes	2-4 hours	4-6 hours
 Oral	Gel Caps, Capsules	<ul style="list-style-type: none"> Precise dosing Discreet Longer lasting relief 	Active ingredients absorbed into the bloodstream after digestion	30-60 minutes	2-4 hours	4-12 hours
 Topical	Lotions, Creams, Patches	<ul style="list-style-type: none"> Localized relief Discreet 	Active ingredients absorbed locally through the skin	Variable	Approx. 1 hour	3-4 hours

Dosing: An Individualized Approach

Start Low and Go Slow

As you first start using medical marijuana, begin with a low dose (which the dispensary can recommend based on product selection) to give your body the time to adjust and enable you to get the most benefit from each dose.

you find a level that provides you with consistent symptom relief.

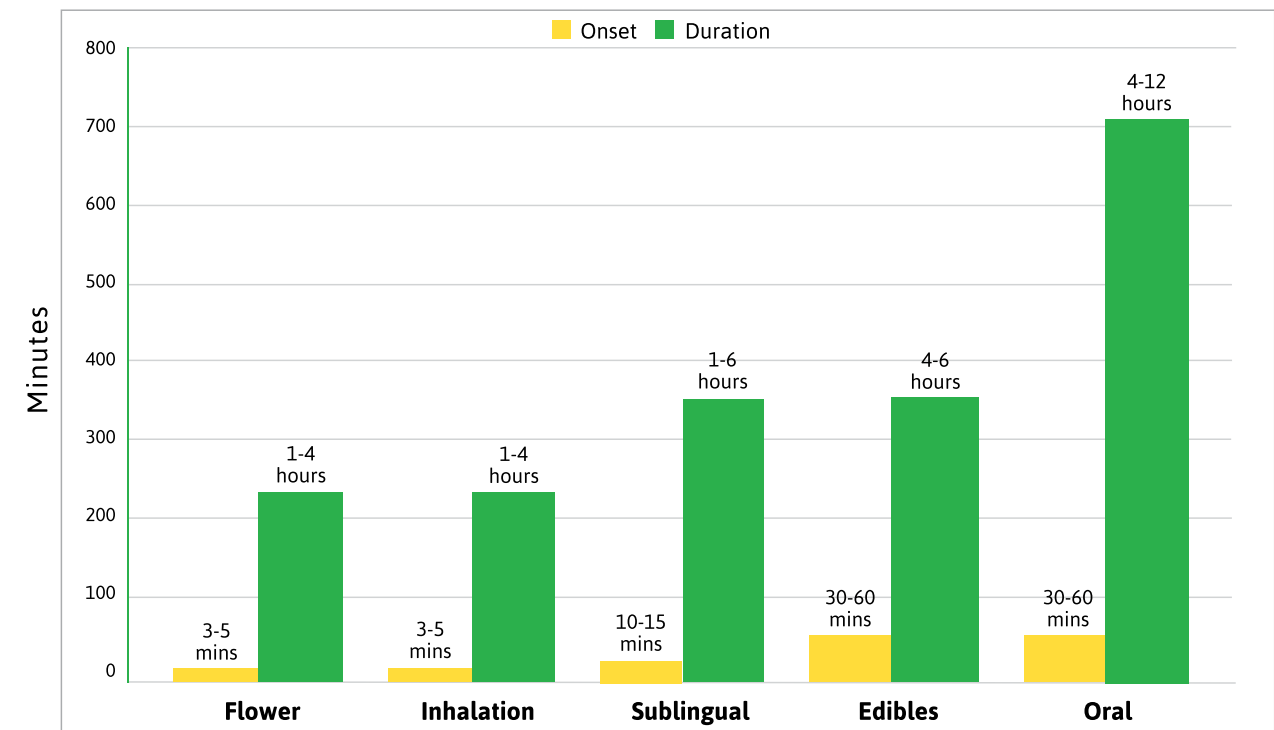
CBD + THC Can Maximize the Entourage Effect

Many patients find that they experience the best therapeutic outcome when they use CBD in conjunction with THC. This may be achieved by using CBD products along with medical marijuana and/or by trying combination products which contain different ratios of THC:CBD.

Slowly and Gradually Increase Your Dose

The dosage of medical marijuana will vary by individual and depend upon the medical condition. You can gradually increase your dose each week until

Onset and Duration by Route



Jungle Boys

WELCOME TO THE JUNGLE

We are a collective of passionate cultivators working toward a singular mission: to grow clean, potent cannabis. Our innovative approach to pheno-hunting has unearthed some of the most unique and exciting strains in circulation.

With more than 500 rare cultivars in our genetics library and more seeds popping daily, we'll never stop trying to perfect the process and take our jungle to new heights.



JB GLOSSARY OF TERMS

Clean, Potent Cannabis — Cannabis that is grown without harmful chemicals, free of contaminants, and has high levels of cannabinoids.

Pheno-hunting — The process of selecting plants with desirable traits from poppin' a batch of seeds. We look for high-THC, flavor, terpenes, & aesthetics.

Backcrossing — A cross between a parent plant and its hybrid offspring to reinforce specific traits, like potency, aroma, and effects.

Hybrid — Hybrid genetics occur when sativa & indica plants have been bred many times to satisfy the perfect balance. We are known for hybrids and the wide range of effects that each one packs, also known as "the entourage effect."

WE GROW different

EXPERIENCE THE DIFFERENCE

Coming to JB in 2025 — Edibles, RSO, Full Spec Distillate, Live & Cured Resin — Be there!



Premium Flower

Our passion is your pleasure. Explore the finest flower in all of Florida. Ready to fire.

Pops

Like good things, our famous flower comes in small packages. Pops are perfect for exploring new strains.

Concentrates

Our concentrates capture the essence of the whole plant with all its terpenes, flavor, and effects.

Vape Pens

Portable. Potent. Perfected. Masterfully crafted using only Jungle Boys premium flower.

Pre-Rolls

Discover your perfect blend of convenience & quality with Pre-Rolls made only with Jungle Boys strains.



WHY JUNGLE BOYS?

Award winning strains & extracts

500+ unique & exotic genetics

Proprietary hardware designs

Guaranteed COA for every product

11 open stores & 4 more coming

Next-day patient delivery now available

NEW PATIENT DISCOUNT

25% OFF 1ST VISIT
35% OFF 2ND VISIT

VETERANS
FIRST RESPONDERS
& ACTIVE DUTY
DISCOUNT

20% OFF ALWAYS

SIGN UP FOR EMAILS & SAVE 10%



Which Strain Should You Try: Sativa, Hybrid or Indica?

While there are dozens of variations of strains of medical marijuana, most dispensaries break the medicinal benefits down into two or three categories: Sativa, Indica, and Hybrids of the two. This makes it much easier for patients to choose

the strain that will help treat their symptoms most effectively. Take a look at the breakdown below, for a better understanding of which may be right for you!

The choice of strain is a critical factor affecting an individual's experience with medical marijuana. Strains are different types of cannabis plants, of which Sativa, Indica, and Hybrids are the most common.



Uplifting, energizing, and stimulating	Blended mix of effects, combining traits of both parent strains	Soothing, relaxing, and sedating
Good choice for patients who not only need relief but who also want to stay energized and alert	Good choice for patients who are seeking a balance between invigoration and sedation while seeking symptom relief	Good choice for patients who are seeking calming and to unwind while managing their symptoms
Sativa strains usually contain a higher CBD vs THC level	Often contain a relatively balanced mix of THC and CBD	Indica strains usually contain a higher THC vs CBD level
Common Symptom Relief: Boost mental focus Reduce pain Reduce nausea Relieve depression Reduce inflammation Relieve headaches and migraines Elevate mood	Common Symptom Relief: Reduce pain Reduce nausea Relieve depression Reduce inflammation Stimulate appetite Relieve headaches and migraines	Common Symptom Relief: Promote relaxation Reduce stress and anxiety Promote restful sleep Reduce pain Reduce inflammation Stimulate appetite Reduce muscle spasms



What are Terpenes?

Responsible for the distinctively sweet, citrusy, and earthy flavors of cannabis, terpenes are somewhat the unsung heroes of the cannabis world. If you've ever identified a strain from just one smell, or truly appreciated its taste, what you were processing is in fact the terpene profile which gives each strain its unique personality.

the "entourage effect" - the harmonic union of cannabinoids, terpenes and flavonoids which produces a more enhanced effect than any one compound on its own.

While there are more than 100 identified terpenes in cannabis (each of which produces a distinct combination of feelings and effects), some are more common than others. Knowing what to look for, what appeals to you, and what doesn't will help you get the relief that you need. Here are the more popular terpenes and their noted effects:

Terpenes change more than just the smell of marijuana, they also provide each strain with its own unique physiologic effects. These essential oils, which are secreted by the cannabis plant's sticky glands, contribute to what is known as

TERPENE	AROMA	PROPERTIES	
Bisabolol	Floral and black pepper	Antibacterial and antifungal	
Caryophyllene	Spicy and peppery	Anti-inflammatory, anti-anxiety, pain relief	
Humulene	Woody and earthy	Antibacterial, anti-inflammatory, appetite suppressant, and pain relief	
Limonene	Citrus	Anti-anxiety and stress relief	
Linalool	Floral and citrus	Pain relief and relaxation	
Myrcene	Earthy	Sedative and muscle relaxation	
Pinene	Pine	Anti-inflammatory and effective against short-term memory effects of THC	
Ocimene	Sweet	Anti-inflammatory	



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with Semaglutide

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FREE consultation
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Testosterone
Replacement Therapy

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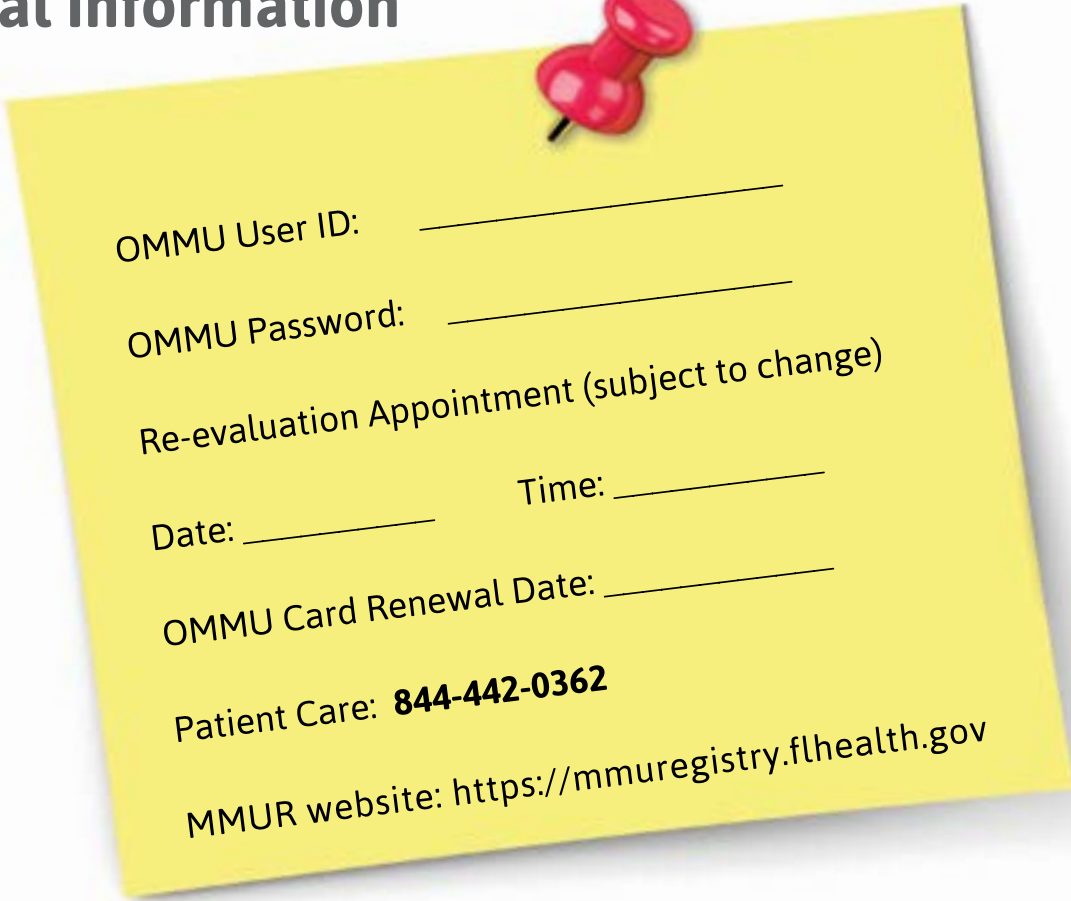


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Vital Information



OMMU User ID: _____

OMMU Password: _____

Re-evaluation Appointment (subject to change)

Date: _____ Time: _____

OMMU Card Renewal Date: _____

Patient Care: **844-442-0362**

MMUR website: <https://mmuregistry.flhealth.gov>

Save on your Next Re-Evaluation!
Refer 1 Friend, Get \$20 Off | Refer 4 Friends, Get it Free
Your Referral also gets \$20 Off their New Patient Evaluation
Referrals must be within the last 7 months. Cannot be combined with other discounts.





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- Medical Card Renewal Discount
- Doctor Recertification Discount

Plus!

FREE delivery on orders \$100+ and for patients 55+ with orders \$50+.

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Have any questions?

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